Contemporarie CHOPPED SALAD MENU HOOSE YOUR LETTUCE **MESCLUN ICEBERG SPINACH ROMAINE** PLEASE CIRCLE



64E CARLETON AVE. PHONE 631.581.0444 FAX 631.581.0646

CHOOSE YOUR SIZE

SMALL \$1100+

LARGE \$ 1200+

CHOPPED

NOT **CHOPPED**

CHOOSE YOUR FIXINGS

QUANTITY

AVOCADO (\$2.00)

ARTICHOKE HEARTS (.75 CENTS)

BACON

NAME

BROCCOLI

CARROTS

CELERY

CHEDDAR SHREDDED

CORN

CRANBERRIES

CROUTONS (HOME BAKED)

CUCUMBER

CHICK PEAS

CHOPPED EGG

CHOPPED EGG WHITES

FETA CHEESE

FRESH MOZZARELLA

GORGONZOLA BLEU CHEESE

KIDNEY BEANS

MUSHROOMS

OLIVES (BLACK)

OLIVES (GREEK)

PARMESAN CHEESE SHREDDED

PEPPERS (GREEN)

PEPPERS (ROASTED RED)

RAISINS

RED ONION

SUN-DRIED TOMATOES

SHREDDED MOZZARELLA

SUNFLOWER SEEDS

TOMATOES

WALNUTS

TOP IT OFF with these Delicious Extras!

Please add \$3.00 each for these additional items.

- GRILLED CHICKEN
- BREADED CHICKEN CUTLET
- BLACKENED CHICKEN
- CHICKEN SALAD SCOOP
- EGG SALAD SCOOP
- TUNA SALAD SCOOP
- LOW-FAT TUNA SCOOP
- FRESH TURKEY

Please add \$4.50 each for these additional items.

- GRILLED SHRIMP
- BLACKENED SHRIMP
- SHRIMP SALAD
- GRILLED SALMON

CHOOSE YOUR DRESSING





QUANTITY #

BALSAMIC VINAIGRETTE

BLEU CHEESE

CREAMY ITALIAN

GREEK

HONEY MUSTARD

ITALIAN

- RANCH
- RED WINE VINAIGRETTE
- RUSSIAN
- THOUSAND ISLAND

LOW FAT DRESSINGS

- FAT FREE FRENCH
- FF HONEY MUSTARD FAT FREE ITALIAN

EXTRA DRESSING \$1.00

⊚FAT FREE RASPBERRY

VINAIGRETTE

CLERK PRICE TOTAL \$